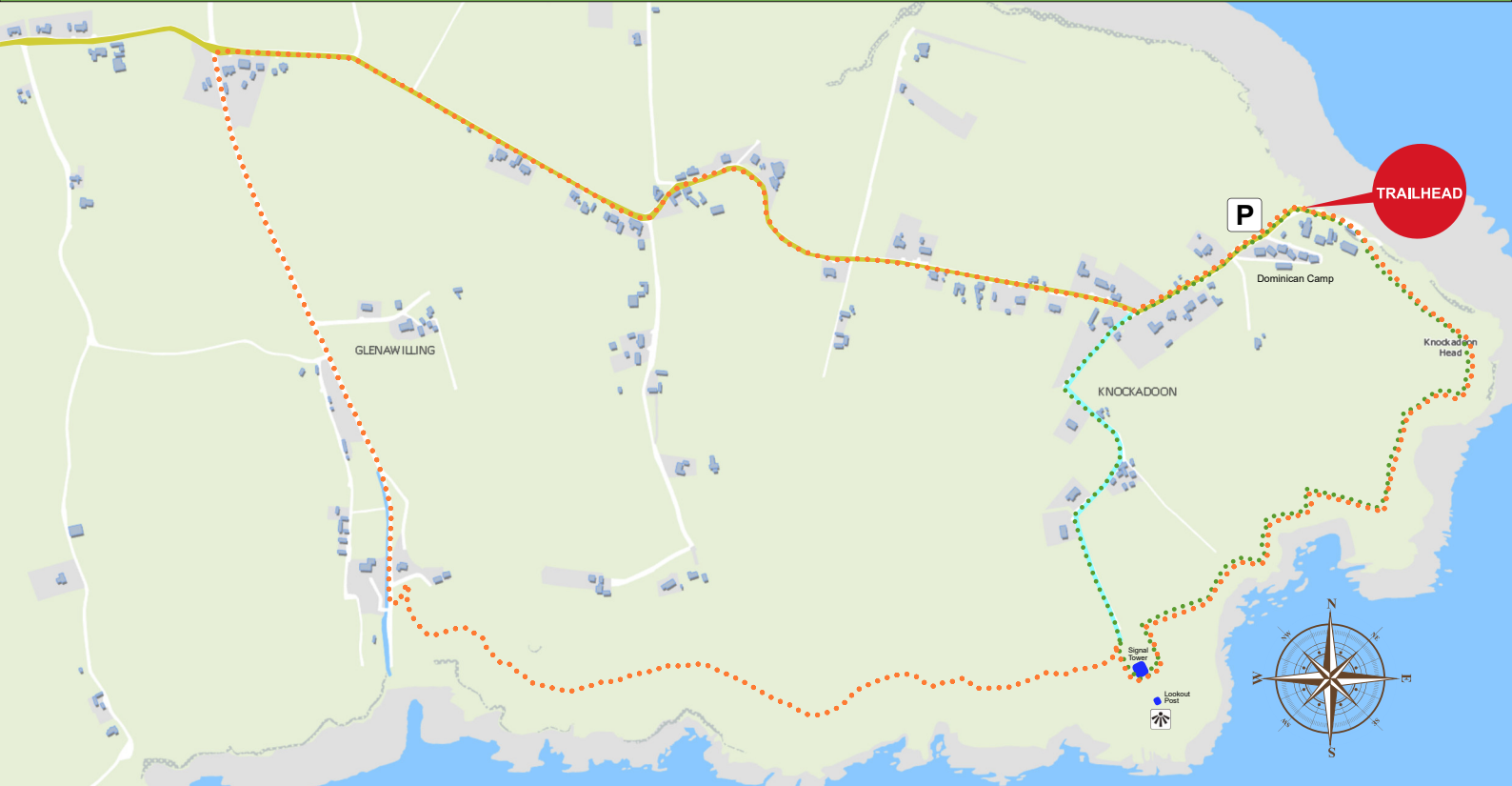


Leithinis Cnoc An Dúin - Slí an Cháplaigh Capel Way Coastal Trail



●●●● Cuarbhealach an Oileáin / The Island Loop
●●●● Cuarbhealach an Ghleanna / The Glen Loop
— Mionbhóthar / Minor Road
— Bóithrín / Boreen

Lathair Phicnici / Picnic Area
 Amhairc / Viewpoint
 Carrchlós / Car Park

In the event of an emergency please call 999 or 112.
 Local Garda Station Youghal - + 353 24 92200
 Middleton Garda Station - +353 21 462 1550

To report any incidents or issues to trail routes/roadways contact:
 Cork County Council Youghal Office -
 Phone: 02492365 - email: roads@co Corkco.ie
 Knockadoon Enhancement Project. email: kep@knockadoon.com

Trail Name: Capel Way Coastal Trail

Trail Start/Finish Point: Picnic Area, Knockadoon

Trail Category: Walking Trail

Dogs: Permitted on lead

Trail Grade: Easy, using public roads, field, graded track and steps. Suitable for family groups including children

Trail Description:

The Capel Way Coastal Trail is made up of two loops of 2.5km and 6km. Both offer pleasant coastal cliff walks around the Knockadoon Peninsula with stunning views of spectacular scenery.

Enjoy views of the majestic Capel Island and sweeping views of Ballycotton Bay to the South West and Youghal Bay to the North.

Watch out for a variety of flora and fauna such as peregrine, cough, seals and otters along the coastline.

Take in the history of the area as you walk by the Signal Tower, the Lookout Post and the old copper mines and why not rest for a while at the picturesque fishing village of Knockadoon.

Length: 2.5km
Time: 30 minutes
Metres Climb: 35m

Island Loop	Glen Loop
2.5km	6km
30 minutes	60 minutes
35m	40m
Waymark →	Waymark →



Please minimise your social and environmental impact while visiting The Capel Way Coastal Trail by following the principles of 'Leave No Trace'.

Leave No Trace is about understanding, responsibility and care for Ireland's natural environment.

<http://www.leavenotraceireland.org/seven-principles>

At the heart of Leave No Trace are 7 principles for reducing the damage caused by outdoor activities

Please ensure to :

- **Take all of your litter and food waste home.**
- **Respect land owners and other trail users by keeping your dog on a lead at all times.**
- **Don't leave your dog's mess for someone else. Clean it up.**
- **Be considerate to all other users of the trail.**
- **Respect farm animals and wildlife.**
- **Leave what you find so others can enjoy the trail just as you have.**



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